

**Friday, February 16, 2007**

**11:30am -12:45pm Breakout Sessions**

**Check one:**

- ☐ \*Session A Health Ministry 101
- ☐ Session B Body & Soul Training
- ☐ \*Session C Healthy & Active Congregations
- ☐ \*Session D Tobacco Prevention
- ☐ Session E Heart & Stroke Prevention Programs – Presentation

**2:45pm - 4:00pm Breakout Sessions**

**Check one:**

- ☐ Session B Body & Soul Training (Repeat)
- ☐ \*Session F Health Ministry 102
- ☐ \*Session G Healthy Nutrition
- ☐ \*Session H Diabetes 101
- ☐ \*Session I Pastors Only Session

**Saturday, February 17, 2007**

**9:45am -11:00 Breakout Sessions**

**Check one:**

- ☐ Session A Health Ministry 101
- ☐ Session C Healthy and Active Congregations
- ☐ Session I Pastors Only Session
- ☐ Session J Search Your Heart Training Part I

**11:30am - 12:45pm Breakout Sessions**

**Check one:**

- ☐ Session F Health Ministry 102
- ☐ Session G Healthy Nutrition
- ☐ Session J Search Your Heart Training Part II
- ☐ Session K Color Me Healthy

**2:30pm – 3:45pm Breakout Sessions**

**Check one:**

- ☐ Session D Tobacco Prevention
- ☐ Session H Diabetes 101
- ☐ Session L Body and Soul – Presentation
- ☐ Session M Grant Writing

**\*NOTE:** Sessions A, C, D, F, G, H, I, are repeated on Saturday. Efforts will be made to place you in the breakout sessions that you select. Substitutions may be necessary in order to accommodate the number of participants in each session.

**DESCRIPTION OF BREAKOUT SESSIONS**

**Session A** Health Ministry 101 – Information on what is a health ministry and how to establish a health ministry.

**Session B** Body & Soul Training – Training designed to implement this wellness program focusing on healthy eating and living in African American churches.

**Session C** Healthy and Active Congregations  
Developing various physical activity programs for all age groups and policies to support physical activity programs in congregations.

**Session D** Tobacco Prevention – Information on incorporating a model policy to support smoke-free congregations; tools for tobacco control in African American communities; and youth movement against tobacco use with faith groups.

**Session E** Heart & Stroke Prevention Programs  
Presentation – An overview of this faith-based program for heart health and stroke prevention.

**Session F** Health Ministry 102 – Detailed information on ways to expand and enhance an existing health ministry.

**Session G** Healthy Nutrition - Assisting congregations with healthy nutrition by providing model nutrition programs, policies and guidelines.

**Session H** Diabetes 101 – Overview of a diabetes program that can be provided to congregations.

**Session I** Pastors Only Session – Incorporating health ministry in the mission of the church in support of healthy congregations.

**Session J** Heart & Stroke Prevention Programs Training Part I & II - Training on implementing faith-based physical activity and nutrition programs. Attendance to both sessions required.

**Session K** Color Me Healthy – An overview of this curriculum to use with preschoolers (ages 4 – 5) on ways to eat healthy and be more physically active.

**Session L** Body and Soul – Presentation – An overview of this faith-based healthy nutrition program.

**Session M** Grant Writing - An overview of the criteria and expectations for qualifying for federal funding.

**1<sup>st</sup> ANNUAL FAITH and HEALTH  
CAPACITY BUILDING  
LEADERSHIP INSTITUTE  
2007**

*“Building Healthy Congregations for  
South Carolina Communities”*



*February 16 - 17, 2007*

**First Calvary Baptist Church**  
1401 Pine Street  
Columbia, SC 29204

**SPONSORED BY:**

South Carolina Department of Health and Environmental Control  
Office of Minority Health  
Columbia, SC

In Collaboration With:

Alliance for African-American Faith-Based Health Initiatives  
and the  
Baptist Educational and Missionary Convention of SC

*“Building Healthy Congregations for  
South Carolina Communities”*

**Health Ministry Training for Churches  
Interested in Starting or Enhancing  
Their Health Ministry**

The institute will provide an opportunity for participants to learn basic skills focusing on:

- **Developing, enhancing, planning and delivering health/wellness programs and activities.**
- **Incorporating health promotion and wellness in the mission of the church.**
- **Developing and sustaining an effective health ministry.**
- **Implementing effective physical activity, healthy nutrition and tobacco prevention programs and activities.**
- **Locating and obtaining resources to assist your health ministry.**
- **and much more.....**

***Who Should Attend:***

***Church members interested in starting or  
expanding their Health Ministry, Pastors  
and all others interested in  
Faith and Health initiatives.***

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For more information on limited  
scholarships and hotels contact:

Ann Wilson

wilsonas@dhec.sc.gov

SC DHEC Office of Minority Health  
Columbia, SC  
803-898-3279

**Agenda**

**Friday February 16, 2007**

**9:30am – 10:00** Registration &  
Continental Breakfast  
**10:00am - 10:15** Opening Session  
**10:15am - 11:15** Plenary Speaker  
**11:30am –12:45pm** Breakout Sessions  
Session A Health Ministry 101  
Session B Body & Soul Training  
Session C Healthy & Active Congregations  
Session D Tobacco Prevention  
Session E Heart & Stroke Prevention Programs  
**1:00pm-2:30** Lunch/Keynote Speaker/Exhibits  
**2:45pm - 4:00** Breakout Sessions  
Session B Body & Soul Training - Repeat  
Session F Health Ministry 102  
Session G Healthy Nutrition  
Session H Diabetes 101 Overview  
Session I Pastors Only Session

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**Saturday February 17, 2007**

**9:00am - 9:30** Registration &  
Continental Breakfast  
**9:30am - 9:45** Opening Session  
**9:45am - 11:00** Breakout Sessions  
Session A Health Ministry 101  
Session C Healthy & Active Congregations  
Session I Pastors Only Session  
Session J Heart & Stroke Prevention  
Programs – Part I  
**11:00am - 11:30** Break/Exhibits  
**11:30am - 12:45** Breakout Sessions  
Session F Health Ministry 102  
Session G Healthy Nutrition  
Session J Heart & Stroke Prevention  
Programs – Part II  
Session K Color Me Healthy Overview  
**1:00pm – 2:15** Lunch  
**Entertainment: Step Team/Praise Dancers**  
**2:30pm – 3:45** Breakout Sessions  
Session D Tobacco Prevention  
Session H Diabetes 101 Overview  
Session L Body and Soul – Presentation  
Session M Grant Writing  
**3:45pm – 4:00** Wrap Up/Evaluation/Adjourn

**Registration Form**

**1<sup>st</sup> Annual Faith and Health**

**Capacity Building Leadership Institute 2007**

**Registration is limited to the first 100 participants**

**Registration Fee: \$20.00 Due Feb. 9, 2007**

**Make check payable to:**

**SC Public Health Association**

**For hotel accommodations, see enclosed list.**

**Please complete this registration form and  
mail with your check to:**

Ann Wilson

SC DHEC Office of Minority Health

2600 Bull Street

Columbia, SC 29201

**PLEASE PRINT**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

E-mail \_\_\_\_\_

Does your church have a Health Ministry?

☐ Yes

☐ No

Are you a member of your Health Ministry?

☐ Yes

☐ No

Name of Church \_\_\_\_\_

Church Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

**PLEASE REGISTER FOR SESSIONS  
ON THE BACK OF THIS FORM**